

**Herbalist RH (AHG), MSc – Lise Wolff LLC**  
**4626 18<sup>th</sup> Ave South**  
**Minneapolis, MN 55407**  
  
**(612) 819-9946**

I am a professional member in good standing of the American Herbalists Guild. The AHG is the only professional botanical medicine organization in the U.S. to assure a standard of excellence for practitioners. I have a Masters of Science degree in Herbalism from the University of Wales. A Masters is the highest level of academic education in herbalism.

I have been in clinical practice since 1995. This includes three years as resident Herbalist at Present Moment Herb Store in Minneapolis.

I have independently taught herbalism for 15 years throughout the Twin Cities area, as well as being sponsored by institutions such as the Bakken Museum, Minnesota Landscape Arboretum and the University of Minnesota Complete Scholar Program. I have also taught a ten-month herbalist training program since 1997.

### **Training**

1990, nine months under Robin Bennett, a New York herbalist of the Wise Woman tradition.  
I simultaneously learned wild food uses and plant identification from Steve Brill.

1991, I returned to Minnesota and studied under Chris Hafner, L.A.c.

I was a student of Matthew Wood for six years, including a one-year apprenticeship in 1995.

I have also studied (in total) six months with Tismal Crow, a Muskogee.

I have completed the Bach Flower Essence Seminars, Levels I and II. I have studied in California with the Flower Essence Society (FES). I have also attended a six-month advanced course with flower essence practitioner Martin Bulgerin.

I am a 1989 graduate of Macalester College with a History major. I then returned to school for biology, chemistry, anatomy/physiology, medical terminology and botany courses.

In 2008 I was awarded an MSc in Herbalism through the University of Wales in Glasgow, Scotland.

### **Theoretical Approach & Assessment**

As an herbalist, my goal is to facilitate the body's innate ability to heal itself. I take a holistic approach, seeing each client as a unique individual. I use assessment techniques including homeopathic indications, Chinese concepts of organ systems and meridians, tongue and facial diagnosis intuition and pulse testing. I also utilize a fairly standard Western understanding of anatomy and physiology.

### **Complementary and Alternative Health Care Client Bill of Rights.**

In Minnesota, the right of the consumer to receive complementary and alternative care from unlicensed providers is protected by law. The State requires that the practitioner provide the following information to you. If you have difficulty reading or understanding this information, please discuss this with me. Before I can provide you with any service, you must sign a written statement attesting that you have received this *Complementary and Alternative Health Care Client Bill of Rights*.

**The State of Minnesota has not adopted any educational and training standards for unlicensed complementary and alternative health care practitioners.**

**Statement of credentials is for information purposes only.**

### Client's Rights

The client has the right to following:

- Reasonable notice of changes in services or charges
- Courteous treatment free from verbal, physical, psychological or sexual abuse by the practitioner
- Has access to the records of the visit (in accordance with section 144.335 Minnesota statutes)
- May seek other, similar services in the community, or information about such services
- May switch to other providers after having begun with this provider
- Records and transactions with the practitioner will be kept confidential unless release is authorized in writing by the client (see note)

Note:

I also continue to teach herbalism quite extensively. I would like to use your case history (without giving your name or personal information which would identify you) in lectures, anecdotes, articles or books in order to illustrate the efficacy or use of herbal treatment. If you allow one of my apprentices to attend your consultation, I would like to allow them access to your file.

If you approve of this use of your records, please sign below.

\_\_\_\_\_

(signature)

\_\_\_\_\_

(printed name)

### Professional Supervision

The consumer has the right to file a complaint with the provider's supervisor or the appropriate state office:

#### American Herbalist Guild

141 Nob Hill Road  
Cheshire, CT 06410  
(203) 272-6731

#### Minnesota Dept of Health

**Health Occupations Program**  
**Office of Unlicensed Complementary and Alternative Health Care Practice**  
121 East 7th Place, Suite 400  
PO Box 64975  
St. Paul, MN 55164-0975  
(651) 282-6319

-or-

#### Fees for services

**Fees are payable at the time of service.**

Initial consultation (1 1/2 – 2 hours)

\$ 150.00 Fees for the remedies are *in addition* to the consultation fee and range from \$15 - \$35.

Follow-up Visits \$ 75 per hour, prorated at 15 minute increments.

Follow-up visits generally last 30-60 minutes, with a minimum fee of \$40.

Cancellation: A 24-hour notice is required for a change or cancellation of appointment.

A fee of \$40 is charged for a missed appointment or lack of 24-hour notice.

I do not submit or handle insurance claims; however a receipt will be provided for you if you are able to file a claim with your insurance provider. I do not accept Medicare or Medical Assistance. If you are unable to pay the full fee at the time of service, please discuss this with me so that a payment plan can be arranged. This plan must be agreed to in writing prior to the provision of services. In order to continue to receive service, you must be current with your payment plan agreement.

**I have received a copy and understand the Complementary and Alternative Health Care Bill of Right**

**client or guardian**-----

**printed name**-----

**Date**-----