

Meet the Local Medicine Plants

In Minnesota, safe and easy to use edible and medicinal plants surround us in our parks, paths and backyards. With observation, openness and imagination it is simple to learn their gifts.

Through a series of 5 plant walks over 6 months students in this course will learn how to recognize, harvest, and prepare healing plants growing wild, for home use, including the preparation of tinctures, flower essences, herbal oils, and salves. The practical nature of this class encourages the common sense use of local plants in everyday life.

When: Five classes from 6pm-8:30pm once a month on a Wednesday evening

Dates: April 8th, May 6th, June 3rd, September 2nd and September 30th

Where: South Minneapolis near Minnehaha Parkway and Lake Nokomis

Price: \$200 for the series of 5 classes

Instructor: Lise Wolff has studied herbalism for over 30 years and is a professional member of the American Herbalist Guild as well as having a Masters of Science degree in Herbal Medicine, from the University of Wales. An active practitioner, Lise supplies her apothecary primarily with herbs she gathers and prepares. She has taught beginning and advanced herb classes in the Midwest for the past 24 years.

Payment holds your space in class. Lise will call you with meeting locations upon receipt of **registration and payment...check or cash. Still no credit cards.**

Mail Checks to: Lise Wolff, 4626 18th Ave S, Minneapolis, MN 55407 Questions ???
Call or text Lise at 612-819-9946 or email lisewolff@yahoo.com Please register ASAP.
Classes fill quickly.***24-hour notice of cancellation required for refund.**

Registration of \$200 is for the series. For individual classes within this series you may register for \$45 per plant walk. Students attending the full series are given priority. If registration is within the week of class, please contact Lise before sending in your payment.

Registration for Meet the Local Medicine Plants

Name:

Phone:

Email:

Which classes are you registering for?

